



Fast-Pitch Softball

3-Week Pitching Program



Held at
Magruder Elementary School
700 Penniman Road
Williamsburg, VA 23185

The following 3 Tuesday evenings:
January 11, 18 and 25

6 p.m. Beginning Pitching
7 p.m. Intermediate Pitching
8 p.m. Int/Advanced Pitching



INSTRUCTION BY:

Rita Lynn Gilman

Considered Richmond's premier pitching instructor, Rita Lynn has sixteen years of fast-pitch teaching experience. Owner of her own indoor pitching school in Hanover, Virginia, she has influenced the careers of some of the best pitchers in the state.

Pre-registration is required. Registration fee is \$65 per person for the 3-week program. Register in person at Quarterpath Recreation Center or mail the Registration Form below along with check made payable to Williamsburg Recreation, to 202 Quarterpath Road, Williamsburg, VA 23185. Come 10 minutes early to each session. We will place students according to age & experience. Please wear sneakers and bring glove. ***Catchers are needed for all three sessions.*** For questions, please call the Quarterpath Recreation Center at 259-3760. Please bring any pitching aids you own (i.e. Spin Right Spinner, ballspinners, weighted balls).

Directions to Magruder Elementary School: From Interstate 64 take the **242A exit** (Route 199). Follow Route 199 West to the Merrimac Trl/VA-143 exit (1st exit). At the bottom of the exit ramp, turn right onto Merrimac Trl/VA-143 W (towards Williamsburg). Follow Route 143 for 1.33 miles to a traffic light. At this light, there will be a muffler repair shop on your right. Turn right onto Penniman Road. Magruder Elementary School is the first building on the left. Turn left onto Hubbard Lane and immediately turn left into school parking lot. The school gym is on the other end of the building from this entrance.



REGISTRATION FORM

Name _____ Age _____ Birthdate _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____ Emergency Phone (_____) _____

School _____ League Affiliation/Travel Team _____

My child has permission to participate in this program and I certify that she is in good health. In case of accident, injury or sickness, the clinic's staff has my permission to use their best judgment in the care of my child.

Legal Guardian's Signature: _____

Select the appropriate level for the participant: _____ Beg. _____ Int. _____ Int./Adv.

Please note that instructor reserves the right to adjust level of participation.

The Williamsburg Department of Parks and Recreation does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs or activities.